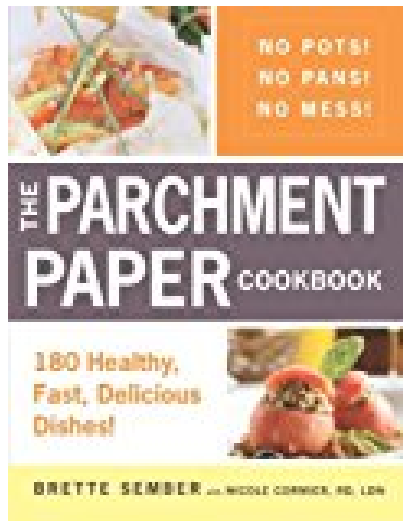


The Parchment Paper Cookbook 180 Healthy Fast Delicious Dishes!



BOOK DETAILS

- Author : Brette Sember
- Pages : 224 Pages
- Publisher : Adams Media
- Language : English
- ISBN : 1440528594



BOOK SYNOPSIS

What if you could whip up healthy, mouthwatering meals that your family loved--without making a mess? Well, its as easy as parchment paper. Youll find that cooking in parchment paper is akin to cooking in foil--if foil were French, fast, and environmentally friendly. In this cookbook, award-winning author and food writer Brette Sember shows you how parchment paper cooking can revolutionize the way you cook--and save you time and money, not to mention the grief that often accompanies dinnertime. With simple instructions on the art of parchment paper folding and preparation, youll fold your way to your familys hearts with such nutritious, delicious offerings as: Swedish Meatballs Thai Chicken with Lemongrass and Coconut Rice Stuffed Flank Steak Scallops Coquilles Lamb and Yogurt Wraps Artichoke Pizza Portobellos with Goat Cheese and Spinach Quick Baclava Peach Pie Turnovers You can forget dirty pots and pans. With this cookbook, dinner just got easier, faster, cleaner--and tastier!

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