

# The Delicious Soup Recipes for You & Your Family The Tasty Soups Cookbook Volume 1



## BOOK DETAILS

- Author : Alice S. Leroy
- Pages : 46 Pages
- Publisher :
- Language : English
- ISBN :

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## BOOK SYNOPSIS

Delicious Recipes Under 300, 400 And 500 Calories The original Skinny slow cooker recipe book! Inexpensive, healthy meals for you and your family with the minimum of fuss. This No.1 bestselling collection of tasty recipes uses simple and inexpensive fresh ingredients. They are packed full of flavour & goodness and proves that diet can still mean delicious! Recipes include: • Rustic Chicken Stew (Cacciatore) • Zingy Lime Chicken • Sweet Asian Chicken • Italian Meatballs • Scottish Stovies • Budapests Best Beef Goulash • Enchilada El Salvador • Aromatic Kicking Pork Ribs • Sweet & Sour Pineapple Pork • Cowboy Casserole • Marrakesh Lamb • Green Thai Fish Curry • Tuna & Noodle Cattia • Pomodoro Pasta Sauce • St Patricks Day Soup • Breakfasts, Snacks & Many More.....

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